

I've Fallen and I Can't Get Up

by

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- Introduction
- Bible verses
 - Luke 18:1 – Then He spoke a parable to them, that men always ought to pray and not lose heart.
 - Galatians 3:26 – For you are all sons of God through faith in Christ Jesus.
 - Philippians 2:4 – Let each of you look out not only for his own interests, but also for the interests of others.
- How to Cope
 - Learning from the Wheel Illustration of the Navigators
 - Christ the center
 - 4 spokes
 - the Word
 - Prayer
 - Fellows
 - Witnessing
 - The balanced Christian life
 - Counseling/Coaching/Mentoring
 - The medical dimension
- Conclusion – You may have fallen, but you can get up.
- Bible verses
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Resources

- Minirth Clinic – for outpatient care and **individualized retreats**
www.minirthclinic.com
972-669-1733 or 1-888-MINIRTH (646-4784)

- Hearts of Love International Ministry (for pastors and Christian workers)
www.holinternational.org

- Hope Line – for inpatient and partial hospitalization care in Denton and El Paso, Texas
1-888-789-HOPE (4673)

- Celebrate Recovery – local Churches
www.celebraterecovery.com

- AACC – American Association of Christian Counselors
www.aacc.net

- www.2ndfiddleentertainment.com/maggiespassage

- Retreat for Women and Girls
www.christmascreekvillage.com

- To obtain books written by Frank Minirth:
 - Books available only through the Minirth Clinic:
 - Psychopharmacology 2010, 600 pages
 - The Reflective Genius (obsessive compulsive disorder) 225 pages
 - Grace In Salvation (difficult to understand Bible passages on salvation) 250 pages
 - Other books available through Amazon.com